

MUSCLE PIT RECORDS - MEN

3 Lift Raw Plus (With Knee Wraps)

Weight Division	Lift	Wight Lifted	Name	Date of Lift	Competition
56 Kg	Squat	75kg	Peter Mazzanee		
	Bench	122.5kg	Nang Van Nguyen		
	Deadlift	82.5kg	Noah Millar		
	Total				
60 Kg	Squat	155.kg	Corey Ettia		
	Bench	142.5kg	Nang Van Nguyen		
	Deadlift	190kg	Corey Ettia		
	Total	425kg	Corey Ettia		
67.5 Kg	Squat	202.5kg	Corey Millar		
	Bench	127.5kg	Corey Millar		
	Deadlift	250kg	Corey Millar		
	Total	567.5kg	Corey Millar		
75 Kg	Squat	265kg	Corey Ettia		
	Bench	145kg	Jake O'Driscoll		
	Deadlift	260kg	Corey Ettia		
	Total	655kg	Corey Ettia		
82.5 Kg	Squat	295kg	Ahmid Hullameh		
	Bench	190kg	Jmes McNaught		
	Deadlift	305kg	Ahmid Hullameh		
	Total	752.5kg	Ahmid Hullameh		
90 Kg	Squat	285kg	Joel McCaughan		
	Bench	200kg	Adeeb Rahman		
	Deadlift	302.5kg	Adeeb Rahman		
	Total	745kg	Adeeb Rahman		
100 Kg	Squat	317.5kg	Joel McCaughan		
	Bench	221kg	Kevin Llyod		
	Deadlift	320kg	Joel McCaughan		
	Total	832.5kg	Joel McCaughan		
110 Kg	Squat	360kg	Connor Walsh		
	Bench	230kg	Kevin Llyod		
	Deadlift	322.5kg	Joel McCaughan		
	Total	852.5kg	Joel McCaughan		
125 Kg	Squat	330kg	Shannon Florissen		
	Bench	235kg	Shannon Florissen		
	Deadlift	370kg	Sam Murphy		
	Total	890kg	Sam Murphy		
140 Kg	Squat	375kg	Shannon Florissen		
	Bench	252.5kg	Shannon Florissen		
	Deadlift	352.5kg	Shannon Florissen		
	Total	960kg	Shannon Florissen		
SHW	Squat	455kg	Dylan Hellriegel		
	Bench	245kg	Shannon Florissen		
	Deadlift	410kg	Dylan Hellriegel		
	Total	1105kg	Dylan Hellriegel		