

MUSCLE PIT DEADLIFT RECORDS - 300kg+ Club

Ranking	Name	Wight Lifted	Date of Lift	Competition
1	Dylan Hellriegel	410kg	15/3/19	2019 PrpRaw 11
2	Sam Murphy	370kg	22/5/21	2021 CAPO State Championships
3	Shannon Florissen	355kg	16/3/18	2018 ProRaw 10
4	Joel McCaughan	332.5kg	12/5/18	2018 Kearn Cup
5	Luca Rossi	325kg	15/3/14	2014 GPC State Championships
6	Phil Wilde	325kg	29/11/20	2020 Deadliest Deadlift & Bench
7	Shane Manihera	320kg	29/5/16	2016 WRPF WA State Championships
8	Daniel Maquire	320kg	27/11/16	2016 Deadliest Deadlift & Bench
9	Gary McCartan	317.5kg	16/9/17	2017 GPC Pasta Cup
10	Matt Lynch-Blanch	315kg	27/11/16	2016 Deadliest Deadlift & Bench
11	Martin Rock	315kg	9/6/19	2019 CAPO WA State Championships
12	Stuart Macaulay	310kg	7/10/17	2017 Wild West Shoot-Out
13	Dylan Moltoni	310kg	2/3/19	2019 GPC State Championships
14	Rob Joyner	307.5kg	17/8/19	2019 CAPO National Championships
15	Ahmed Hulameh	305kg	29/8/20	2020 CAPO State Championships
16	Adeeb Rahman	302.5kg	058/09/18	2018 Perth Cup
17	James McNaught	300kg	9/3/14	2014 CPO Deadlift Invitational
18	Damir Pilipovic	300kg	21/11/14	2014 GPA Worlds
19	George Okunev	300kg	9/6/19	2019 CAPO State Championships
20	Kyle Love	300kg	29/11/20	2020 Deadliest Deadlift & Bench